

# LIVE UNITED in Holdingford



In Minnesota, the number of homeless families with children rose by 27% between 2006 and 2009.

*Because of your support . . .* **139 children and adults** obtained food, clothing, other basic necessities, received short-term financial assistance and/or resided in an emergency shelter or transitional housing last year.

The average credit card debt per U.S. household is nearly \$9,000.



*Because of your support . . .* **28**

**individuals and families** increased their level of financial stability and understanding of budgeting basics last year.

On average 52% of school age children in Central Minnesota reside in one parent homes.



*Because of your support . . .*

**8 school-age children and youth** in Central Minnesota were mentored by supportive adults in programs outside of school, developed their life skills and were supported in school-related achievements last year.

One in ten Americans take anti-depressants.



*Because of your support . . .* **126**

**children, adults and families** felt healthier emotionally and physically as a result of increased coping skills and access to community resources in 2009.



A child's knowledge of alphabet letters when entering kindergarten is a strong predictor of reading ability in 10th grade.

*Because of your support . . .* **103 children** between birth and age five are receiving books through United Way's Imagination Library program as of May 2010.



With 30,423 non-profits in Minnesota, finding assistance can be complicated and frustrating.

*Because of your support . . .* **14 people** in Central Minnesota called 2-1-1 and received referrals to 21 community resources to help them or their families in 2009.

United Way of Central Minnesota is focused on helping the whole person. For more information, visit [www.unitedwayhelps.org](http://www.unitedwayhelps.org)

United Way  
of Central Minnesota

